



WITHOUT CHALLENGE

SUPPORT VETERANS BY DARING YOUR FRIENDS FOR 24-HOURS!

Welcome to the “WITHOUT Challenge” fundraiser! Join *Operation Never Forgotten (ONF)* in bringing awareness to how veterans had to “embrace the suck” while protecting our freedoms! Listed below are some challenges to bring awareness and appreciation for what veterans went without for months/years, or are still without for the rest of their lives after serving their tours in Iraq and Afghanistan.

THE CHALLENGE:

Challenge someone you know to be WITHOUT one or more of these items or situations for a full **24-hour day** (starting at any time of the day):

- **A LIMB** (Tape or Tie-up your hand, arm or leg to immobilize usage)
- **SLEEP** (Must stay awake for 24-hours starting at the time you wake up)
- **HOT MEALS** (Cold package food only)
- **EYESIGHT** (Blindfold your eyes or patch one eye)
- **COOLING OFF** (Must be 75 degrees or hotter, and wear a winter coat, hat and boots)
- **BED, COUCH OR CHAIR** (Access to floor or ground only for sitting, resting and sleeping)
- **ALCOHOL, COFFEE & TEA** (No beer, wine, ice tea, frappuccino, cappuccino or latte)
- **TOBACCO** (Includes no chew, smoking, e-cigarettes or nicotine patches)
- **ELECTRONIC DEVICES** (No viewing, communications or entertainment with TV, cell phone, radio, iPad, Tablet or Computer)
- **LIGHT** (Use of public or naturally lit surroundings only such as streetlights or the moon. That includes no use of electronic devices for light)
- **COMMUNICATION** (No talking with, texting or emailing our spouse, kids, friends or anyone)
- **RUNNING WATER** (Use only 20 fl. oz. bottled water for hygiene, cooking and drinking. Includes no toilet flushing)
- **GUARD DOWN** (Can't walk straight all day without a slow 360 spin after every 5 steps)

HOW TO INVITE A CONTENDER:

The strategy is to choose what you think your civilian friend will fail at. Dare someone you love or not. Veterans from any era can join a challenge too.



The contender performing the task is allowed to choose his/her own challenge.

Share WITHOUTchallenge.org to fill out this CHALLENGE INVITE form.

THE PAY UP:

If the contender accepts but **fails** the 24-hour challenge, we ask that he/she donates \$24 with a credit card or PayPal to *ONF*.



If the contender **succeeds**, we ask that the challenger who made the dare makes a tax deductible donation of any amount to *ONF*.

This donation represents one dollar for every hour in a day that a service member endures or a veteran must adapt to. *Operation Never Forgotten*, a 100% volunteer national 501(c)3 organization, uses all donations for veteran/caregiver transition workshops and to fight veteran suicide.

DONATE HERE!

YOUR SOCIAL MEDIA:

Post photos and videos of your challenge to share on any of your favorite social media accounts. Please include this link: www.WithoutChallenge.org.

You can **email** us the link to your posting to request an *ONF* Facebook posting. Search how others did with their challenge: **#WithoutChallenge**.

COMMENTS OR QUESTIONS:

Email info@operationnf.org or **CONTACT** any volunteer *ONF* staff member.